

Sharing the Journey



December 2022

LIVING
RESOURCES

A Message from the Chief Executive Officer



Elizabeth Martin

As we end 2022, I thought it would be worthwhile to reflect on all that we accomplished over this past year. When the year began, we were in the midst of a huge surge in COVID infections, which put an unbelievable level of stress everyone.

But we worked together - sometimes sharing tears - to get us all through that extremely difficult period. We also began implementing our three-year strategic plan, which focuses on strengthening our workforce, growing and enhancing our programs, and improving operations. Some of the highlights of everyone's efforts over the past year include:

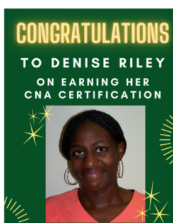
- Increasing the base pay rate for fully-trained DSPs by about 9%
- Increased our DSP staffing numbers by almost 100 employees
- Established a centralized program manager and DSP training team
- Added self-direction to our array of programs by bringing Family & Child Service under our umbrella
- Expanded our without walls day program in Rockland and Ulster counties
- Began streamlining many of our processes, such as automating our purchase orders

While we still have so much to do in 2023 and beyond, we should celebrate all that has been accomplished in just this past year. A very special thank you to all of our employees here at Living Resources for working to make our mission and vision a reality. We could not have done it without you! And thank you to our supporters who provide the resources that allow us to enhance the lives of others.

Thank you and cheers to a New Year and new accomplishments!

LIVING
RESOURCES

2022 ANNUAL APPEAL
*OUT OF THE COMFORT ZONE,
INTO INDEPENDENCE:*



Living Resources has been at Denise's side since 2010, supporting, coaching, and cheering her on.

She said, "My Living Resources staff are quite helpful, they won't let me get lost. If my mom was alive today, she would be happy."

Please donate to keep our many programs going strong and keep successes like Denise's within reach for so many.

[CLICK HERE](#)



Click [here](#) to watch the Living Resources
New Year's Eve Virtual Dance Party

*Let's
Celebrate*



2023

A Visit with St. Nick

The After School Program celebrated the Holiday season with their annual Holiday Party on December 14, complete with a visit from St. Nick himself! This year's theme was Ugly Sweaters and all the students and staff wore their tackiest sweater to greet Santa.



The program manager Jacqueline Calder wrote a special note for the families in the program since she is taking on a new role as a Fiscal Intermediary at Living Resources.

Dear ASP Families,

With this being my last celebration with you, I would like to say thank you for the eight years of joyful memories while working from as an assistant instructor then on to become program manager. Each year I have seen students grow, learn and become wonderful young adults. I will miss everyone, but this is not a good bye. I hope we all can stay in touch.

Happy Holidays,
Jacqueline Calder



Merry Christmas from Mahopac



Hello from Westchester County! Our Mahopac family also celebrated Christmas with an "Ugly Sweater" party. Those bags of presents look pretty filled. Looks like the whole house was pretty nice this year!





Thank You CAP COM/ Broadview

A very special thank you to our CAP COM Federal Credit Union/ Broadview family for making the holidays extra special for each of our residential homes. We were so excited to pick up 50 holiday gift bags/baskets completely filled with special gifts and treats for each of our residential group homes. They were packed into three SUVs, for Santa's workshop South- Post 300WAE where a team of elves organized them and got them ready for distribution to the houses.

It was a joy to watch the faces of our individuals light up when they saw the influx of games, activities and treats. We are so very grateful for the partnership of CAP COM Federal Credit Union/ SEFCU Broadview for making the holidays are so much brighter! Wishing everybody holidays filled with joy and light!



Share the Journey Talk Show



Living Resources has a weekly talk show segment on Saratoga Star Radio's Sunday Jazz Brunch with Walt Adams! Tune in each Sunday morning between 9am to noon or check our Youtube Channel for full episodes <https://www.youtube.com/@LRCAIbany/videos>



Holiday fun with ABI



Our Brain Injury Program is always down for a party and the winter holidays are no exception. This group of survivors celebrated with music, food, dancing, and much laughter. Oh and hats. Let's not forget those amazingly festive hats!

Living Resources Brain Injury Services offers a comprehensive treatment program for people with traumatic or acquired brain injuries. We strive to educate, train, encourage, and patiently guide survivors of traumatic brain injuries and their loved ones throughout this process. We believe that individuals who have suffered brain injuries deserve the opportunity to establish meaningful post-injury roles and relationships.



2022 in Review



College Experience

Our College Experience is a residential non-credit certificate program hosted by The College of Saint Rose designed for students with developmental disabilities seeking to build community and transition to independence.

The students recently shared their favorite highlights of 2022 and what they are looking forward to in 2023. **Give a listen! [Click here](#)**



Living Resources Art Program

Artists with disabilities have been receiving quality art instruction from a staff of highly trained artists through Living Resources since 1997. The program provides a stimulating and imaginative setting, with classes taking place throughout the week.

2022 was a year filled with excitement and creativity! **[Click Here](#)** to check out their annual newsletter!



LIVING RESOURCES



With Gratitude for our Memorial Donors August- December 2022



In Honor of Andrew Bentz
Marjorie Coello

In Memory of Louis J. Bonan
David Capka
Vincent Capka and Mary Bonan

In Memory of Daniel Bouchey
Angela, Angie, and Shelley Gavin
Francie Horton

In Memory of Daniel Bouchey and
James Riccardi
Thomas Pandick

In Memory of Timothy Carroll
Theresa Pillittere

In Memory of Claudia
Susan Lieberman

In Memory of Shiela Gallagher
Helen Schwarz-Lawton

In Honor of Reed Grontas
Ms. Brenda Szydlo and Robert White

In Memory of Mary Beth Hanner
Laura Benevento
Carolyn Bernardo
Mary Ann and Barry Bryant
William and Carol Cowl
Dennis and Mary Delorenzo
Anita and Richard Galway
Doreen Heath
Carla Herbert
Dr. Sharron Herring
James and Barbara Malerba
Robert Malerba
Daniel Malerba
Joan and Anthony Mitola
Kevin Thomas Plodzick and
Margaret Frazier- Plodzick
Patricia Stout- Smith
Cathryne Welch

In Honor of Jen Kirkpatrick and
Keri Below
Dr. Roy and Mrs. Judy Fruiterman

In Memory of Jeffrey Levine
Julie Curtin
Paul Kaplan
Douglas Levine
John Mullin
Karyl Leigh Ropke

In Honor of Jackie Levie
Judith Cuccolo

In Memory of William E. McVeigh
Mr. and Mrs. Paul and Phyllis Cooney
Debra Placito

In Memory of Alice Murawski
Catherine and Peter Butryn

In Memory of Agnes E. Perham
Dennis and Christine Perham

In Memory of Mr. and Mrs. Robert
Pryba
Barbara Latvis

In Honor of Dan Ritzenberg
Aaron Ritzenberg

In Memory of Amanda Rivenburg
Ted and Dolores Correll

In Honor of Emily Smith
Sandra Smith

In Memory of Harry & Irma Weiss and
Peter Razanousky
Lisa and John Razanousky

In Memory of William Welz
Laura Dunathan



Annual Appeal Donors for December, 2022

Your Support is the KEY to our Heart!



Jessie Albert
Betty Albright
John and Mary Ann Allen
Frank and Elieene Armenia
Rachelle and Phil Aron
Mark Aronowitz
William Artini
Ballston Spa National Bank
James and Rose Barba
Larry and Denise Becker
Christopher Betts
Albert and Dolores Bonan
Vladia and Daniel Boniewski
Arthur Bowen
Karen and Robert Bradley
Albert Brooks
Louis and Judy Buhrmaster
David Buicko
David Capka
Mary Chen and Yong Li
Joan and Stephen Coffey
Patrick and Kathy Curran
Sandra Daly
Michael and Rebecca Danforth
Dennis and Mary Delorenzo
Bill Dickson
Eastern Heating & Cooling
Michael and Sandee Edelman
Fredrick Erlich and Beth Vandecar
Eitan and Malka Evan
Daniel Fariello
Mark Flanders
Elaine Freedman
Dr. Roy and Mrs. Judy Fruiterman
Seth Fruiterman
John Gable
Angela, Angie & Shelley Gavin
Deborah Goldstein
Elizabeth Goodman
Tom Gough
John Harris
Patricia and Jonathan Haupt
Kevin and Kathleen Henault
Francie Horton

Tina Iavarone
Edward Jennings
Michael and Mary Keegan
Robert Kind
Samuel and Cathy Kirschner
Michael Kornstein
Charles La Gattuta, Jr.
Debra Lambek
Richard and Rebecca Langer
Timothy and Kimberly Larned
Paula Levine
Aaron and Jackie Lieberman
Julie Lombardo and Eric Mason
Lynne and Michael Long
Lounsbury Family Foundation
Paul and Dale Lukatschat
Susan Lum Creitz and Toby Slyman
Marc Lustick
Tracy Maggio
John Manginelli
Bernard and Gabrielle McGarry
Catherine Merriman
Brendan Mooney
William and Beverly Morrison
Mortimer and Barbara Klaus
Family Foundation
Geoffrey and Molly Mullen
Bill Murphy
Elizabeth and Shawn Muthersbaugh
Phillip and Frances Nardi
Sandra Nathanson
Neil, Jane, William, Estelle Golub
Family Foundation, Inc.
Joseph Nicolla
John Nitsky
Steve and Jeanne Obermayer
Maggie and Bob Oldendorf
Chet and Karen Opalka
Robert and Anita Panico
Marc and Melissa Paquin
Charles and Amy Pickney
Paul Pierce
Pioneer Bank



Annual Appeal Donors for December, 2022



Your Support is the **KEY** to our Heart!

Stephen, Anthony, and Maria
Principe
Proper Service of Baldwin Place
Michael A. Quaranta, Jr.
Lisa and John Razanousky
Review Foundation
Aaron Ritzenberg
Kenneth and Susan Ritzenberg
Kevin and Debbie Rose
Lee and Donna Rosen
Richard and Cheri Rosen
Sheila Y. Samms
Bonita Sanchez
Jeanine and Pete Scavullo
Gail and Robert Schwartz
Kathe Sheehan
Peter Slattery
Lynn Smith
Eugene Sneeringer, Jr.

Robert Sneeringer
Harold and Valerie Solomon
Dr. Richard and Mrs. Kimberly Steitzer
Andrew and Phyllis Stern
Denise Stewart
Brenda Szydlo and Robert White
Teal, Becker & Chiaramonte, CPAs, P.C.
Alfred Testa
Kathy Thiel and Eric King
Andres Tomson
Russ Traunstein
Kevin and Mary Tully
Underwriters Rating Board
John and Michele Vagianelis
Kevin Walsh
Douglas and Jo-Ann Ward
Colleen and Dean Whalen
Brian Whitmer
Windsor Development Co.



**We at Living Resources
are grateful for
YOU, our family of donors!**



Because of your support, our individuals
achieve their fullest potential,
pursue purpose and happiness in the manner they determine,
and live as independently as possible.

Please enjoy our video highlighting
your donor dollars at work.

Thank you from the bottom of our hearts!



CLICK HERE





Birthday Surprise



Shocked. That's the only word for it. Dubois has a late December birthday and has never had a big birthday party before. Those who have birthdays in December know this story well- with all the rush and excitement of the holidays, people with December birthdays don't seem to get the same energy for their birthday as those further removed from the holidays

But Dubois' friends wanted to let him know how special he is- that he has friends and support staff who care about him greatly, so they hatched a plan for a surprise party. Everyone was in on it. John Breitenbach, the Director of Community Living kicked off the plan by saying he wanted to see Dubois's new apartment and have some guy time before they took off for what Dubois thought was going to be a typical holiday get-together. While they were enjoying their guy

time, Daryllyn, the manager of the Albany Supportive Living Program, Laura the Program Nurse, Courtney the Assistant Director of the program, and his friends Alice, Christina, Jennifer, and Jessica went to his favorite restaurant, the Capital Buffet on Wolf Rd to get the table ready with his decorations and gifts.

Dubois arrived at the restaurant with John to find all his friends at the table shouting "surprise!" and singing Happy Birthday. He face burst into a joyous smile and it was obvious how touched he was by all the attention. Everyone was thrilled to see how much he enjoyed his party. They ate their meals and as the enjoyed dessert together, the restaurant even played the Happy Birthday song to him on the speakers.

It was undoubtedly a day Dubois will never forget. Thanks to the whole supportive living family for making Dubois' day so amazing!



www.LivingResources.org



Click [HERE](#) to read November's Newsletter

