A Message from the Chief Executive Officer

As we end 2022, I thought it would be worthwhile to reflect on all that we accomplished over this past year. When the year began, we were in the midst of a huge surge in COVID infections, which put an unbelievable level of stress on everyone.

But we worked together - sometimes sharing tears - to get us all through that extremely difficult period. We also began implementing our three-year strategic plan, which focuses on strengthening our workforce, growing and enhancing our programs, and improving operations. Some of the highlights of everyone’s efforts over the past year include:

- Increasing the base pay rate for fully-trained DSPs by about 9%
- Increased our DSP staffing numbers by almost 100 employees
- Established a centralized program manager and DSP training team
- Added self-direction to our array of programs by bringing Family & Child Service under our umbrella
- Expanded our without walls day program in Rockland and Ulster counties
- Began streamlining many of our processes, such as automating our purchase orders

While we still have so much to do in 2023 and beyond, we should celebrate all that has been accomplished in just this past year. A very special thank you to all of our employees here at Living Resources for working to make our mission and vision a reality. We could not have done it without you! And thank you to our supporters who provide the resources that allow us to enhance the lives of others.

Thank you and cheers to a New Year and new accomplishments!

Living Resources has been at Denise's side since 2010, supporting, coaching, and cheering her on. She said, “My Living Resources staff are quite helpful, they won’t let me get lost. If my mom was alive today, she would be happy.”

Please donate to keep our many programs going strong and keep successes like Denise's within reach for so many.
A Visit with St. Nick

The After School Program celebrated the Holiday season with their annual Holiday Party on December 14, complete with a visit from St. Nick himself! This year’s theme was Ugly Sweaters and all the students and staff wore their tackiest sweater to greet Santa.

The program manager Jacqueline Calder wrote a special note for the families in the program since she is taking on a new role as a Fiscal Intermediary at Living Resources.

Dear ASP Families,

With this being my last celebration with you, I would like to say thank you for the eight years of joyful memories while working from as an assistant instructor then on to become program manager. Each year I have seen students grow, learn and become wonderful young adults. I will miss everyone, but this is not a good bye. I hope we all can stay in touch.

Happy Holidays,
Jacqueline Calder

Merry Christmas from Mahopac

Hello from Westchester County! Our Mahopac family also celebrated Christmas with an “Ugly Sweater” party. Those bags of presents look pretty filled. Looks like the whole house was pretty nice this year!
Thank You CAP COM/ Broadview

A very special thank you to our CAP COM Federal Credit Union/ Broadview family for making the holidays extra special for each of our residential homes. We were so excited to pick up 50 holiday gift bags/baskets completely filled with special gifts and treats for each of our residential group homes. They were packed into three SUVs, for Santa’s workshop South- Post 300WAE where a team of elves organized them and got them ready for distribution to the houses.

It was a joy to watch the faces of our individuals light up when they saw the influx of games, activities and treats. We are so very grateful for the partnership of CAP COM Federal Credit Union/ SEFCU Broadview for making the holidays are so much brighter! Wishing everybody holidays filled with joy and light!

Share the Journey Talk Show

Living Resources has a weekly talk show segment on Saratoga Star Radio’s Sunday Jazz Brunch with Walt Adams! Tune in each Sunday morning between 9am to noon or check our Youtube Channel for full episodes [https://www.youtube.com/@LRCAIbany/videos](https://www.youtube.com/@LRCAIbany/videos)
Holiday fun with ABI

Our Brain Injury Program is always down for a party and the winter holidays are no exception. This group of survivors celebrated with music, food, dancing, and much laughter. Oh and hats. Let’s not forget those amazingly festive hats!

Living Resources Brain Injury Services offers a comprehensive treatment program for people with traumatic or acquired brain injuries. We strive to educate, train, encourage, and patiently guide survivors of traumatic brain injuries and their loved ones throughout this process. We believe that individuals who have suffered brain injuries deserve the opportunity to establish meaningful post-injury roles and relationships.

2022 in Review

College Experience

Our College Experience is a residential non-credit certificate program hosted by The College of Saint Rose designed for students with developmental disabilities seeking to build community and transition to independence.

The students recently shared their favorite highlights of 2022 and what they are looking forward to in 2023.

Give a listen! Click here

Living Resources Art Program

Artists with disabilities have been receiving quality art instruction from a staff of highly trained artists through Living Resources since 1997. The program provides a stimulating and imaginative setting, with classes taking place throughout the week.

2022 was a year filled with excitement and creativity! Click Here to check out their annual newsletter!
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We at Living Resources are grateful for YOU, our family of donors!

Because of your support, our individuals achieve their fullest potential, pursue purpose and happiness in the manner they determine, and live as independently as possible.

Please enjoy our video highlighting your donor dollars at work.

Thank you from the bottom of our hearts!
Birthday Surprise

Shocked. That’s the only word for it. Dubois has a late December birthday and has never had a big birthday party before. Those who have birthdays in December know this story well— with all the rush and excitement of the holidays, people with December birthdays don’t seem to get the same energy for their birthday as those further removed from the holidays

But Dubois’ friends wanted to let him know how special he is— that he has friends and support staff who care about him greatly, so they hatched a plan for a surprise party. Everyone was in on it. John Breitenbach, the Director of Community Living kicked off the plan by saying he wanted to see Dubois’s new apartment and have some guy time before they took off for what Dubois thought was going to be a typical holiday get-together. While they were enjoying their guy time, Daryllyn, the manager of the Albany Supportive Living Program, Laura the Program Nurse, Courtney the Assistant Director of the program, and his friends Alice, Christina, Jennifer, and Jessica went to his favorite restaurant, the Capital Buffet on Wolf Rd to get the table ready with his decorations and gifts.

Dubois arrived at the restaurant with John to find all his friends at the table shouting “surprise!” and singing Happy Birthday. He face burst into a joyous smile and it was obvious how touched he was by all the attention. Everyone was thrilled to see how much he enjoyed his party. They ate their meals and as the enjoyed dessert together, the restaurant even played the Happy Birthday song to him on the speakers.

It was undoubtedly a day Dubois will never forget. Thanks to the whole supportive living family for making Dubois’ day so amazing!