Sharing the Journey LIVING







A Message from the Chief Executive Officer



Elizabeth Martin

I think each of us will agree that people with disabilities have a right to live with dignity, independence, and happiness and be fully integrated in the community - just like everyone else. However, to fully achieve that vision, you need two things: adequate funding and people. I'm going to be honest with you: we do not have enough of either of those right now.

Recently, I was invited to speak at a rally at the State Capitol to highlight that need and urge our Governor and lawmakers to invest in NY's care economy. It is vital for the Governor and everyone in New York to understand that we do not have enough funding or people to ensure individuals can fully live the lives they have a right to live.

Without enough funding or staff to support our individuals, they are often stuck isolated in their homes all day. This isolation may lead them to become physically and mentally unhealthier. Simply put, our staff are overworked, overstressed and unable to provide the quality support they want to provide because there are simply not enough of them, leading to decreased service quality and increased chances of something terrible happening.

DSPs act as teachers, coaches, mentors, healthcare workers, mental health workers, and more. The work they do is actually priceless and they deserve to earn a respectable wage. Sadly, we don't set our prices - the state does. We need the state to help us by investing in salary increases for our people.

While we continue to lobby for increased funding, YOU, our supporters have been the key to ensuring that we are able maintain the high quality supportive services individuals deserve. This year the need is greater than ever and we hope you will again support our Annual Appeal.

> Our care can't wait, please donate today! Your support is the KEY to our HEART

Living Resources' 2022 Annual Appeal is underway!

Your support is the key to our heart.



The significant inflation we have all experienced makes our fundraising appeal this season more urgent.



DID YOU KNOW? NYS sets our reimbursement rates and for many years, the rates have not kept up with inflation. Since the start of the pandemic, this problem has only gotten more severe

Click here to donate

Your Gift is a fully Tax-Deductible Donation







NYDA Capitol Rally



A Call to action to invest in the future of individuals with intellectual and developmental disabilities and the Direct Support Professionals who support them.

On Wednesday, November 16, Living Resources staff and program participants were part of the 200+ self-advocates, family members, DSPs, and members of disability care organizations that came together to tell lawmakers that **NOW** is the time to invest in NY's care economy. **We NEED adequate funding**. High inflation hit non-profit providers hard. The non-personnel costs in our supervised residential programs have increased by more than 25% since last year, predominately in the areas of transportation costs, energy, food, and maintenance. Also, our health insurance premiums will be increasing by double-digits next year. **So, in addition to investing in the workforce, we need the Governor to include an 8.5% rate adjustment** so that we can keep up with the overall rising costs of operating homes and other programs.



NYSID Joslin Award Winner: Ashley Lawyer



Congratulations to Living Resources supported individual Ashley Lawyer who had the honor of being nominated by her employer, Image Data, Inc., for the 2022 NYSID Joslin Award! Nominees for this award are New Yorkers with disabilities working on New York State Industries for the Disabled (NYSID) contracts who exemplify exceptional job performance and personal growth.

A portion on the nomination essay states: "Why does Ashley merit the Joslin Award? Persistence. She has improved every day since joining the Image Data team four years ago. Ashley enjoys working on the fast-paced production floor because she wants to keep busy and work with her hands. Document preparation is the perfect

position for her to do this as she maintains speed and quality. Ashley is her own competition and she is up to the task every day."

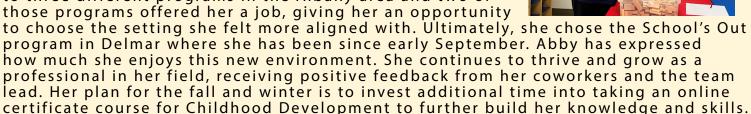
Click here to view the full program book

Cultivating a Career with Kids

Abby is a 2022 graduate of Living Resources' College Experience with plans for her future career. During her internship placements, Abby had much success exploring opportunities in the field of child care. She started working for Capital Milestones day

care center as a floater and support aid for the lead teachers where she was often praised for her professionalism and eagerness to learn and take on new tasks. This valuable experience helped her develop a goal to work with older children and become an assistant teacher.

Throughout the job development process with her Living Resources Employment Specialist, she advocated her desires to work in a before- and after- school program. She applied to three different programs in the Albany area and two of those programs offered her a job, giving her an opportunity to shoots the setting she fall more aligned with Illtimately.



Living Resources' College Experience is a two-year, noncredit, post-secondary college program hosted on the campus of The College of Saint Rose. This program is designed to teach young adults with disabilities to live independently and maintain competitive employment while having the chance to be a college student.

Learn more by going to https://thecollegeexperience.org



Living Resources has begun a weekly talk show segment on Saratoga Star Radio's Sunday Jazz Brunch with Walt Adams! Tune in each Sunday morning between 9am to 1pm or check our Youtube Channel for full episodes https://www.youtube.com/@LRCAlbany/videos

We Are Thankful for our Annual Appeal Donors!



Your Support is the KEY to our Heart!

R. Maxwell and Jean Alley Beth Ames Pamela Archie Robert and Bonita Bailey Sigmund and Abby Balaban Phillip and Maryann Barnum Donna Barron Allison Batty Barbara Bender Catherine and Peter Butryn Miguel and Diane Cabral Salvatore and Veronica Casano Mark and Cindy Chalachan Ellen Chapman Chemung Canal Trust Company John and Mary Lynn Cimon Marjorie Coello Paul and Phyllis Cooney Jean Corlew Ted and Dolores Correll Loretta and Michael Darcy Robert H. Day Laura Dunathan David Durand and Lorelei Bohle Michael and Norine Durkin Roland Eberhard Rosemary Eberlein Fredrick Erlich and Beth Vandecar Arthur Ferguson Susan Ferrara Robin and Ed Fitzpatrick Elaine Freedman Seth Fruiterman Philip Fusco Bill and Torie Gable Sandra Gersowitz Mike and Deborah Gilligan Elizabeth Goodman Thomas and Sylvia Gray Christopher Greagan and Shirley Greagan, Esq. Arthur Haberl Peter and Mary Haessig Megan Haessig William Harris and Holly Katz Matthew and Barbara Heineman Robert and Betsy Higgins Debra Johnson

E. Stewart and Kimberly Sanger Jones

William and Beth King Darlana and Sally Kipper Brent and Kara Kosoc Joseph LaMalfa Anne Lasalle Christopher and Carleen Madden Anthony and Vickie Maiello Eileen Martel Muriel McGowan Peter and Patricia Ann Menditto Catherine Merriman Rachel Muller Shirley Netoskie John Ńigro John Nitsky Thomas Pandick Julie Panke and Karl Horstmann Carl Paulsen Dennis Perham Theresa Pillittere Carol Piotrowski Elissa Prout Robert and Laura Rapp Dominick Rappazzo Gayla Riccardi Dan and Debbie Round Helmut and Erika Samide Lewis and Janis Saperstein Jesse Saperstein James and Robin Sevinsky Ann Shapiro and Barry Pendergrass Robert and Shelley Siegfried Gary and Robin Siskin Kenneth and Marggie Skinner Sandra Smith Barbara Soldani Nancy and Mark Splonskowski Tom and Johanna Stebbins Sandra Stern Denise Stewart James Tynan Anne Valliere Rosemary and David Vara Shawn and Maria Viana Joan Vroman Thomas and Mary Ellen Windish Ye Ole Locksmith Shoppe Inc. Robert and Mary Lou Young

In Celebration of our Long Term Staff

In gratitude and appreciation for our staff who have worked for the agency for 15 years or longer, we invited them to attend their option of an evening wine and cheese party or a morning breakfast celebration. They relaxed with friends, chatted with our CEO, and received the gift of a Living Resources zip- up fleece.



We are most grateful to each of our long term staff who have lovingly supported and empowered individuals with disabilities or other life challenging conditions to live with dignity, independence, and happiness!

Jeffrey Almonte-Hallenbeck*

Joseph Askew Kevin Baker Cynthia Ballard Latchmi Bedisee Laurie Bosco* **Brian Bouchey*** Yolanda Boyd Kelly Brewington* Michelle Bynoe Sergio Camacho Gerald Carpenter Andrell Carr* Carl Cephus Jr. Jolene Cituk* Christine Danzy Miller Willie Davis Wendy Decker Kristine Demarco Magdalena Diaz

Bianca Dilella* Karen Doyle* Cinthia Dudley Michael English* Maggie Erlich **Karif Farrell*** Lora Francis* Erin Gapp* Meredith Gilchrist Julie Gilchrist* Alan Gordon* Carol Gore* Joyce Grisby* Jennifer Guav* Rachelle Hicks* Christine Hough* Joy Hudspath Antoine Johnson Russell Kellogg Cheryl Keosky Jennifer Kirkpatrick* Edwin Knuckles*

Karen Kulesa* George Kurian Joseph Lamalfa* Patricia Laviana Kamina Lawry* Andrea Macgloin* Omowunmi Majekodunmi Daniel Rubino Neil Mansbridge Robert Marcello Paula Marsala Vanessa Mckav* Karen Medina* Lisa Montgomery Lovancie Moon* Joseph Morelli* John Newkirk David Noonan Lorna Nugent* John Oiuro* Karen Palmucci* Fern Pivar

Frank Prevratil*

David Putman* Lisa Razanousky Iris Reeves* Thomas Regan Jennifer Richard* Brian Roman **Dorzier Ruffin*** Sarah Saunders* Kathleen Scepkowski Rebecca Shepard* Gwendolyn Singleton* Tina Stallworth* Van Suggs* Martin Trudell* Corie Weaver* Lorenzo White* Herbert Whittam Melissa Williams Patricia Wolford*

C LIVING RESOURCES



Thanksgiving Traditions



Living Resources Brain Injury Program continued their 10+ year long tradition of holding a Thanksgiving celebration for their participants. Our staff went all out to make the day special for those in their program, some waking up at midnight to prepare a traditional feast. It was all worth it to see the participants enjoy the day.





