Sharing the Journey

August 2022

LIVING RESOURCES

A Message from the Chief Executive Officer

Elizabeth Martin

I am deeply humbled by the amount of the donor support Living Resources received throughout the month of August. On Wednesday, August 17, in honor of National Non-profit Day, Marshall & Sterling pledged $50,000 in support of our meditative greenspace initiative and college programs. On Sunday, August 21, we held a sold out fundraising event, "A Tribute to Transforming Lives" at the 1863 Club at the Saratoga Race Course.

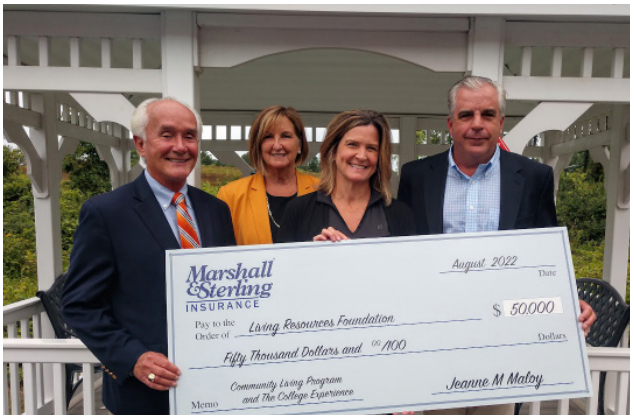
Why are grants and events such as these and our upcoming 13th Annual Golf Tournament so important to our mission?

As an organization that receives a majority of its funding through NYS Medicaid, this extra financial support helps to pay for necessary uncovered life enhancing supportive programs and the high-quality individualized services we provide. such as:

- a covered gazebo for one of our more medically challenged home so the residents have a safe, comfortable, and accessible outdoor area;
- creating a virtual reality therapy program to help individuals learn to navigate high stress situations in a controlled environment;
- helping students reach their full potential in our College Experience program;
- creating an inclusive meditative garden that will provide a much needed respite area for everyone to enjoy;
- uncovered capital improvements such as new roofs, kitchens, flooring, generators;
- and so much more.

Events and grant support help share our story and our mission. It is our hope that you will continue to support our mission, share our story with others, and celebrate our successes.

Thank you for being part of the Living Resources family, we are most grateful!



National Non Profit Day

We were thrilled to celebrate **#NonProfitDay2022** with our dear friends from **Marshall & Sterling Insurance** who brought us a check for $50,000 for our College Experience Program and Community Greenspace Initiative.

Please join them with a donation of any size!
Go to **https://bit.ly/3i9sgjc**

Deepest Gratitude to our Sponsors:

Ostroff Associates

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CAP COM Federal Credit Union — A Division of Broadview

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For additional photos of the event, please visit our Times Union SEEN page by clicking below:

WERE YOU SEEN?

SEEN: Living Resources/Building on Love Tribute to Transforming Lives 2022

DANIEL ROBERTS
Aug. 24, 2022 | Updated: Aug. 26, 2022 10:17 a.m.

LIVING RESOURCES

A special thank you to Natalie Sillery for your thoughtfulness in bringing two organizations together to create a world-class event that shared the message and passion of our respective missions. It was our honor to work with and share the day with Jeff Yule, Executive Director of Building on Love and the entire Building on Love family. From our heart to yours, we thank you all for sharing in this special day.

Visit **The 12866's** photo gallery "A Passion for Fashion" by **clicking here**

CEP Move-In Day

We were so happy to welcome our 21 new freshman students into our program this past Monday! Wish them luck as they start their journeys!

Independence and Inclusion in East Greenbush

There's always something fun going on at our East Greenbush Site Based Program. Our site-based support team provides participants with the necessary support while working on their goals through creative and innovative activities. For example, Corey enjoys working with staff on math skills on their new touch screen TV. He also takes some time to express his creativity with colorful designs. Mikayla enjoys getting out into the community with staff, favoring the energy of Crossgates Mall as a destination.

Living Resources' Site-Based Day Habilitation program offers individuals with developmental disabilities the opportunity to learn and improve their skills for meaningful, independent living through community involvement and various in-house and community activities. We focus on building skills in independence, community inclusion, social integration, individuality, and productivity.

Learn more at: **https://www.livingresources.org/site-based-day-habilitation**

A Whale of a Great Time

The Acquired Brain Injury Program's Men's Group recently took a trip to the Six Mile Waterworks for a fishing excursion. For many of the Men, it was their first time fishing since receiving their brain injury. The group also enjoyed a picnic lunch of cheeseburgers, hot dogs, corn on the cob, and potato salad.

Brain Injury Services Intake/Operations Manager Todd Del Marter said their conversation flowed easily and everything felt "wonderfully normal." He added, "These outings are not impromptu. Several weeks of planning go into identifying an accessible location, menu, transportation, and other materials required for good fun." The group looks forward to identifying a location for another BBQ soon.

Living Resources believes that individuals who have suffered brain injuries deserve the opportunity to establish meaningful post-injury roles and relationships. At Living Resources, we strive to educate, train, encourage and patiently guide survivors of traumatic brain injuries and their loved ones throughout this process. Individuals living in the community have access to a wide range of service options including, Care Coordination, Life Skills Training, Day Programs, Fine Arts Instruction, and Clinical Services.

For more information, go to:
https://www.livingresources.org/services/brain-injury-services/

16th Annual Brain Injury Awareness Day

The Injury Acceptance Maturation (I.A.M) Group held their 16th Annual Capital District Brain Injury Awareness Day on August 26, 2022 at Tawasentha Park in Altamont. Throughout the day, Brain Injury survivors took the stage to share their inspiring stories of perseverance and healing.

Brain Injury survivor Brian T. served as the Master of Ceremonies and Jesse Saperstein, Media & Activities Liaison for Living Resources' The College Experience was the keynote speaker.Those in attendance also enjoyed a picnic lunch, a basket raffle, and a display of art created by participants.

The purpose of the day was summed up by the statement: "We the members of the I.A.M. group of Living Resources, are brain injury survivors. We want to let people know that having a brain injury is not the worst thing that can happen to a family member or friend. We have changed a little– but we are the same people."
~ I.A.M. Members

http://weblink.donorperfect.com/LRGolf2022