



A Message from the Chief Executive Officer



Elizabeth Martin

Typically in July, many spend a few moments celebrating American independence and what that means to us personally. We also recognize the Anniversary of the Americans with Disabilities Act and celebrate what has come to be called Disability Pride month.

Our mission at Living Resources is to support and empower individuals with disabilities or other life challenging conditions to live with dignity, independence, and happiness. So for all of us at Living Resources, we don't think about celebrating independence or disability pride only in July, we celebrate and honor them each and every day!

Throughout our monthly newsletters, we share stories that highlight how the individuals we support are choosing to live their lives as independently as possible with pride, dignity, and happiness. Each day, they have the freedom to choose what they wish to do, where and when they want to do it, and what brings them joy and happiness. Every day is a new journey and our goal is to be there to support that journey in whatever way possible.

We sincerely thank you for being part of our family, supporting our mission, and understanding that pride, dignity, independence, and happiness are not meant to be recognized only for a month, but for 365 days a year.

Everyone Loves a Luau

Aloha! Our Day Community Opportunities Program (DCOP) of Warren, Schenectady, and Saratoga counties collaborated to celebrate summer by holding a Luau. The groups gathered at a pavilion in Saratoga Spa Park for swimming, dancing, and yard games.



Nothing says Luau like a great barbecue, and this group aimed to please. Lunch was "ono" (delicious) thanks to Saratoga DCOP Assistant Manager James Carrion working the grill. Help us say "mahalo" (thank you) to all the staff for their great cooperation in making the day such a great success!

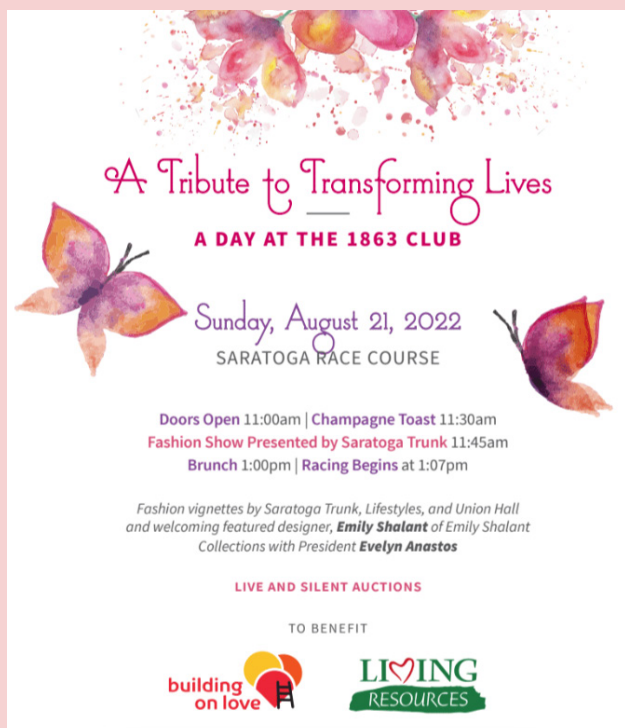


A Tribute to Transforming Lives

The long awaited event is almost here!

Living Resources and Building on Love have teamed up with Natalie Sillery and Saratoga Trunk to create a one-of-a-kind event at the historic Saratoga Race Course for

*World Class Racing
World Class Fashion
World Class Causes!*



Deepest Gratitude to our Sponsors:

Ostroff
ASSOCIATES

bouchey
FINANCIAL GROUP
HEALTH.
WEALTH.
FOR LIFE.

CAP COM
FEDERAL CREDIT UNION
A Division of Broadview

BOND SCHOENECK
& KING ATTORNEYS

BBL

Please join us by going to
<https://bit.ly/3P4MjN2>



*Join us for a day at the 1863 Club on Sunday, August 21, 2022
in support of two causes. The day includes:*

*a fashion show * an amazing brunch * a full day of world class racing
at the beautiful Saratoga Race Course.*

The doors open at 11:00am and your day does not need to end until last race is complete.

Special Thanks to our Honorary Committee:

Honorary Chairpersons:
Steven and Susan Bouchey

Vladia C. Boniewski
Barbara Bouchey, *model*
Brian Bouchey, *model*
CDPHP
Kenneth Claflin, Cusack & Company
Rita Cox, *model*
Camelot Print & Copy Centers
C.T. Male Associates
Patrick and Kathy Curran*
Maria and Mark Dailey
Sanjeeve DeSoyza,
Bond Schoeneck & King
Eastern Heating & Cooling
Elaine Freedman
Dr. Roy & Judy Fruiterman*
Kate Fruscione, CAP COM FCU*
Richard A. Fuerst, Esq.

Dr. Philip Fusco
Clare Graham
Christopher & Shirley Greagan, Esq.*
William Harris, Lavelle & Finn
Audra Higgins,
Simmons Capital Group, *model*
Janney Montgomery Scott
Joe LaMalfa
Gayle LaSalle, *model*
Robert & Shirley Lazar
Aaron & Jackie Lieberman*
The family of Dr. Robert Lieberman
Christopher Lyons, AIM Services
M&T Bank
Elizabeth Martin, CEO, *model*
Metroland Business Machines
Christopher & Carleen Madden*

Paul and Kelley Murray
Stephen Obermayer, BBL
Dr. DeShawn McGarrity*, *model*
Steady H. Moono, Ed.D.,
SUNY Schenectady
Joseph Morelli
Diana Ostroff, Ostroff & Associates*
Deneen Palmateer
Michael Pepe, NBT Bank
Michael & Laura Quaranta, Jr.*
Jennifer Richard
Daniel Round, Marshall & Sterling*
Natalie Sillery*
Courtney Skivington-Wolf, Care Design NY
David & Dona Smingler
Diane Stage-Fowler, *model*
Teresa and James Stellar*

Stewart's Shops
Hon. Paul D. Tonko
Kevin & Mary Tully*
Kimberly Strauchon Verner, Esq.*
Shawn Viana & Maria Keary*
Margaret Welch
Joni Sarah White, *model*
Melinda Wilson, *model*
Mary Lou Young & Debra J. Young

*Indicates Living Resources Board
Member



Please join us by clicking **HERE** or
going to <https://bit.ly/3P4MjN2>



Field Day Fun

Our Saratoga and Warren County Day Community Opportunity Program (DCOP) groups recently collaborated to hold a Field Day. They played numerous games, danced to music, and feasted on "make your own" ice cream Sundaes and S'mores. You know you're having a great time when rain isn't seen as a problem, but actually adds to the fun of the day!



The DCOP is a "without walls" program offered throughout the Capital/Saratoga Region, as well as Taconic and Hudson Valley, for adults 18 years and older. Individuals in the program participate in a wide variety of activities/experiences and skill-building classes throughout the communities in which they live. These experiences include cultural and artistic pursuits, volunteer opportunities, and recreational activities. Skill-building classes include, but are not limited to: art, computer instruction, cooking, money management, reading, travel training, and a variety of social skill-building classes.

DCOP participants develop essential and practical life skills that promote independence through volunteerism, education, and enrichment activities. The DCOP has created an environment that fosters community inclusion, self-sufficiency, and self-advocacy for its participants.

In the Saratoga Spirit

Congratulations to College Experience Program graduate Miranda Polmatier, who will be working a White Cap at the Saratoga Race Course this summer. For those unfamiliar with the term, a White Cap is an usher hired by the New York Racing Association (NYRA). Some of Miranda's important duties will include collecting tickets, wiping seats, and greeting customers when they enter the premises.

The College Experience is a certificate program that provides students with intellectual disabilities the opportunity to attend college, be part of a campus community, and take part in a program that helps them transition to independent adult life. The College Experience program combines general education courses, elective courses, and real-world living and job experiences to prepare students for success in the real world.

Please join us in cheering Miranda on to success in this new position!





Always Up for an Adventure



Our Adventure Program participants recently finished two weeks of fun and excitement, embracing Helen Keller's quote, "Life is either a daring adventure or nothing."

This program offers full-day recreational opportunities to children and young adults with developmental disabilities during school gap week in February and the last two weeks of June.

This June, they enjoyed swimming, yoga, candle making, trampolines, pottery, golf, painting, a sensory gym, and more while creating friendships and memories that will last a lifetime.

Staff and participants had a great time and were ready for a good night's sleep by the end of the day. They ended their week with a Luau party complete with grass skirts, ice cream sundaes, music, and dancing.

Participants must meet OPWDD eligibility, live at home with family, and be of school age (11-21 years old)

For more information or to apply for future Adventures, [click here](https://www.livingresources.org/adventure-program/) or go to <https://www.livingresources.org/adventure-program/>



Boss of the Sauce

Did you know that in addition to Cooking and Menu Planning, our College Experience students are also offered Grilling and Baking courses? This is certainly one class everyone can sink their teeth into!

The students of this semester's Grilling Class put their skills to the test and everyone received a grade of A for Awesome-sauce!





May- July Memorial Gifts

We are touched when people commemorate the life of their loved ones with donations to Living Resources. We can't think of a more meaningful tribute than to help support and empower individuals with disabilities or other life challenging conditions to live with dignity, independence, and happiness. When we read the names of those below, we hold them and their loved ones close to our hearts.

In Memory Of Louis J. Bonan

Albert & Dolores Bonan

In Memory Of Steve Couse

Barbara Adams

In Memory Of Mary Beth Hanner

Barbara Ahern

John & Anne Bray

Patti Croop

Dennis & Mary Delorenzo

Paul & Janet Haus

Joan & James Healey

John Malerba

In Memory Of Dolly Marrazzo

Margaret Kirwin Ed. D.

In Memory Of Eileen Pierce

Paul Pierce

In Memory Of Amanda Rivenburg

Ted & Dolores Correll

In Memory Of William E. McVeigh

John & Roslyn Adair

Kimberly Alexander

Babcock Funeral Home, Inc.

Donna Bleichert

Arthur Bowen

In Memory Of William E. McVeigh (Cont.)

David Redpath & Karen Caravaglia

Nancy Carey-Cassidy

Robert Conway, Jr.

Michael & Eileen Criscione

Dawn & Len Crouch

Christopher & Jacqueline Falvey

John Farrell

Harold & Elizabeth Forsland

Christine Garney

Blairhouse Interiors Group

Donald Jacques

Kathleen Joyce

Daniel & Madeleine Kennedy

Margaret & Richard Marker

Mary & Kevin McCarthy

McNulty Funeral Home

Michael & Ellen Pappas

Ralph & Alice Pumbo

Mary Rappazzo, M.D.

Dominick Rappazzo

Thomas & Janice Rourke

Ann & Terry Ulion

Ed & Karen Uttberg

Joanne White

Ann & William White

Harold & Kerry Ann Williams

Lana Yuen

Richard Zaccardo

Likewise, we join in celebrating the accomplishments of the people and programs listed below. We wish them continued success and joy!

In Honor Of Fred Erlich

Kathleen Quinn & James Lortsher

In Honor Of The Art Program

Holly Lyons



Staff Spotlight Shining On Gwen Singleton

For the past 24 years, Gwen Singleton has blended working at Living Resources, attending college, and raising her family, earning the title of Mama Gwen in the process. Gwen remembers one time when all but two of the individuals at her residence went home to celebrate the holidays. Desiring that all her individuals have a family holiday experience, Gwen asked for permission to take the two individuals to her house to share the special day with her own family. Everyone had a fantastic time and an extended family was born. Gwen began taking her entire group to all of her children's sports events. They quickly became honorary team members and were invited to all the various parties and celebrations. Life events such as birthdays and graduations are all celebrated as a beautiful blended family, they have even gone camping together.



One memory that stands out for Gwen was the time her residents threw her a surprise baby shower. One of her individuals gave her a sports-related present that touched her so deeply it made her cry. She said, "For me, it was very beautiful and I felt so honored and loved."



Gwen said, "Working at Living Resources is not a job to me, I truly love them as family. They call me Mama Gwen. Whatever it takes to make their day happy at that moment within my powers, I will do it."

Working for Living Resources, Gwen has held job titles of Direct Support Professional, Team Leader, Site Supervisor, and House Manager all while attending college and raising children. She says, "I've done everything I needed to do for myself and my family while still making a living for my household."



13th Annual Golf Tournament



Click here to join us

Friday, September 23, 2022
Colonie Golf & Country Club • Voorheesville, NY

Marshall & Sterling
INSURANCE
Title Sponsor

www.LivingResources.org



Click [HERE](#) to read June's Newsletter

