From: Elizabeth Martin  
Sent: Thursday, December 10, 2020  
To: Living Resources Employees  
Subject: Business Update from CEO Elizabeth Martin

Please [click here](#) or below to hear from our CEO Elizabeth Martin as she shares a business update and how to properly wear your mask!

A quick reminder that it is vital to continue to follow pandemic protocols:

- Wear your mask (covering both your mouth & nose)
- Wash your hands frequently (for 20 seconds or more)
- Use hand sanitizer when hand washing is not possible
- Maintain a clean environment by disinfecting frequently touched objects (faucets/door knobs/light switches, etc.)
- Social distance as much as possible
- Get your flu shot

It is up to all of us to do our part to keep everyone safe.

Together, we are stronger than COVID-19.