

From: Elizabeth Martin
Sent: Wednesday, November 18, 2020
To: Living Resources Employees
Subject: Stay vigilant to stop the spread of COVID-19!

Dear Colleagues:

With the second wave of the COVID-19 pandemic clearly upon us; it is time for each of us to step up our game in order to ensure the health and safety of everyone. **Now, more than ever, it is important that we remain vigilant and follow all protocols to ensure the health and safety of everyone!**

It is vital that we continue to:

- Wear a face covering whenever interacting with others (covering both your mouth and nose);
- Wash your hands frequently with soap and water for at least 20 seconds;
- Use an alcohol-based sanitizer when soap and water is not possible;
- Avoid touching your face with unwashed hands;
- Clean and disinfect frequently touched objects and surfaces;
- Get your flu shot;
- Stay home if you are not feeling well.

The numbers in our region are increasing and it is up to each of us to take the steps to prevent a further outbreak! Please

remain vigilant, we are here to support you. If you see something happening or feel that someone is increasing your health risk by not following protocols, it is important to speak up. Your health, the health of your family, and the health of all those around you, is dependent upon your commitment to stopping the spread.

Thank you for protecting yourself, your family, and all those you support. Keep up the good work! I know that by working together, we can stop the spread of COVID-19.

Sincerely,

Elizabeth Martin, CEO

