Sent: Saturday, March 21, 2020 3:29 PM

Subject: Important Information about Childcare & Employee Assistance Program

Each day brings new challenges and we are thankful for each of you for your steadfast commitment to the individuals you care for.

With mandated school closings, we realize that some of you may be struggling with childcare while continuing to provide the essential care to those we serve. Earlier this week, Governor Cuomo mandated that childcare be a priority and the YMCA's in the region have responded. Effective Monday, March 23, beginning at 7am, the Capital District YMCA will provide childcare for emergency personnel who do not have the option to work from home, as defined by The New York State Education Department. Emergency health care professionals include licensed health professionals such as physicians, nurse practitioners, physician assistants, registered nurses, LPNs, nurse assistants or laboratory personnel and **direct support professionals**. Please note that you will need to register for childcare by clicking the link below.

The following YMCA branch locations will provide services Monday through Friday from 7:00 am – 6:00 pm:

The following Albany locations will provide services:

- Arbor Hill Elementary 1 Arbor Drive, Albany, NY 12207
- Eagle Point Elementary 1044 Western Avenue, Albany, NY 12203
- Giffen Elementary 274 South Pearl Street, Albany, NY 12202
- Hoosick Falls Central School 21187 NY RT 22, Hoosick Falls, NY 12090
- New Scotland Elementary 369 New Scotland Avenue, Albany, NY 12208
- Philip Schuyler Achievement 676 Clinton Avenue, Albany, NY 12206
- Sheridan Preparatory Academy 400 Sheridan Avenue, Albany, NY 12206

The following YMCA branch locations will provide services:

- Bethlehem 900 Delaware Ave, Delmar, NY 12054
- Duanesburg 221 Victoria Drive, Delanson, NY 12053
- Glenville 127 Droms Road, Glenville, NY 12302
- Greenbush 20 Community Way, East Greenbush, NY 12061
- Greene County 35 Rt. 81, Hope Plaza, West Coxsackie, NY 12192
- Guilderland 250 Winding Brook Drive, Guilderland, NY 12084
- Schenectady 433 State Street, Schenectady, NY 12305
- Southern Saratoga 1 Wall Street, Clifton Park, NY 12065
- Troy 2500 21st Street, Troy, NY 12180

Online registration can be found at: www.CDYMCA.org/EmergencyChildcare

Thank you to the incredible YMCA staff for providing this needed service!

Employee Assistance Program:

We realize that in this ever evolving climate surrounding COVID-19, you may wish to consult with a professional. Your health and safety is important to us and we want to remind you that EAP assistance is available to **ALL** staff. The flyer below contains additional details and contact information.

Again, thank you for making a difference and helping to ensure the health and safety for those we support. You are a Super Hero!

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Speak with GuidanceConsultants^{to} highly trained master's and doctoral-level clinicians, who will listen to your needs and, if necessary, refer you to resources in your community for:

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- Problems with children, substance abuse

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