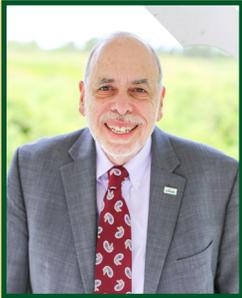


A Message from the Chief Executive Officer



Last month, I paused to reflect on all that we achieved in 2019 and found myself incredibly grateful at all our exciting growth. As I reflect on our vision for the year 2020, I am amazed to see how clear our foresight was when we began in 1973.

Our focus was and continues to be on helping individuals and families to have a better and more optimistic future. From the two founders, Donald Traunstein and I, our Living Resources community now consists of thousands. Our business model is based on a few simple premises:

1. Individuals should have abundant opportunities for quality of life.
2. Families have a partnership with Living Resources based around peace of mind and
3. Creating an employee culture to achieves these goals.

I thank our entire team of community partners, staff, family and individuals, for acknowledging and supporting me in leading Living Resources.

By sticking to our mission and purpose the future is bright. **Thank you!**

We pause to express our sincere gratitude to those whose gifts made the naming of the Fredrick W. Erlich Building possible:



BBL Charitable Foundation
Vladia C Boniewski & Dan Valley
Steven Bouchev * John S. Edwards *
Robert A. Fuerst, Esq * Dr. Philip Fusco
Chrisopher and Shirley Greagan
Margaret Kirwin * Robert W. Lazar, CPA
Dr. Richard Medved * Michael Quaranta Family
James Riccardi Family * Daniel M. Round
Alta S. Schallehn* Kevin Tully
J. Carlos "Shawn" Viana * Debra and John Walsh

CEO Fred Erlich was thrilled to catch up with his former SUNY Albany School of Social Work Professor, Hedi McKinley recently. For many years, Community Habilitation staff Pat Laviana has been keeping Fred in close contact with Hedi, who is nearly 100 years young. But they were both thrilled to get together for a special lunch date.

Thanks to Pat for arranging this wonderful reunion!



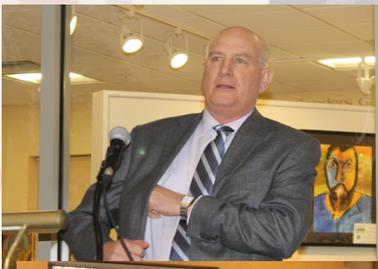
Presenting the Fredrick W. Erlich Building



On Thursday, January 16, 2020, our Main office building at 300 Washington Avenue Extension was officially named for our CEO Fredrick W. Erlich. Mark Eagan of the Capital Region Chamber of Commerce was our Master of Ceremonies, honored guests included; Senators Jim Tedisco, Neil D. Breslin, Daphne Jordan, and Assemblymember Patricia Fahy. Corporation Board President Kevin Tully, Foundation Board President Shawn Viana, and Living Resources Associate Executive Director Joseph Morelli shared words of inspiration and affirmation.

We are grateful to all who filled our reception area to show their respect and affection, and celebrate this jubilant event!

FREDRICK W. ERLICH BUILDING





A Masterpiece in the Making



Fred has always believed that all individuals need to have a purpose and a voice. In creating the Carriage House Arts Center, he gave many individuals new identities, as artists, with new voices in watercolor, acrylic, clay and a host of other mediums.

Fittingly, The Leadership Team, pictured below, commissioned these artists to capture the essence of our leader and our friend. The Carriage House artists, led by instructor Bianca Dilella created this wonderful masterpiece depicting him looking forward always to a brighter future with curiosity and keen intellect in his kind eyes. We see compassion but also a fiery determination.

This portrait was revealed at the building naming ceremony on Thursday to the delight of all who were present. It can be seen at its permanent home in the reception area of the *Fredrick W. Erlich Building* at 300 Washington Ave Ext. Much gratitude to all who brought this piece from concept to creation!

Thank you to the Leadership team for commissioning this amazing portrait (Pictured with Fred, Clockwise from the back left)

Clare Graham, Jennifer Richard, Judy Frey, Joe Morelli, Steve Klein, Joe LaMalfa, and Deneen Palmateer (not pictured)





Art Workshops in Ulster



Our Ulster County Day Community Opportunity Program has had the pleasure of being able to take part in monthly workshops at the Barrett Art Gallery in Poughkeepsie. Our individuals always start with a tour of the new displayed works coupled with a brief overview of mediums and style. They are then encouraged to ask questions and always do! The staff then will guide them in some form of artistic expression and allow them to be free in finding their creative spirit, keeping in line with the focus of the class.

Sometimes our works are even displayed there!

The groups and staff have built strong relationships and our individuals are always excited for the next visit.



Special Olympics Athlete!



Dubois Hunt, who receives services through our Albany Supportive Living Program, has been involved in Special Olympics for over 35 years. According to his coach and advocate, Mike Rynish, Dubois began his Special Olympics journey with the sport of volleyball in 1984. Although volleyball is a summer sport, his team has practiced every Tuesday for more than 35 years. Mike says that Dubois is easily his most loyal and dedicated athlete. They regularly attend regional competitions, but also do some more extensive traveling. His team earned competition spots at the International Summer Special Olympic Games in Minneapolis, St Paul in 1991 and Shanghai, China in 2007!



But Dubois is an avid athlete who can't be limited to one sport. From June to October, he is the resident left fielder of his softball team, The Rumble Kings. They won the Gold Medal for the Softball "Super Regionals" at McBride Fields in Mechanicville this past fall. His coach Lindsey, who is Manager and QIDP in Living Resources' Lionheart Community Habilitation and Congress St. Apartments says, "He is a joy to coach. He is a great teammate and has a positive attitude on and off the field"



But wait, there's more! Dubois bowls every Saturday morning from October to April and recently joined a floor hockey team. So which is his favorite? He says he enjoys them all equally. He just loves being active with his friends. We will be sure to follow Dubois and all our Special Athletes throughout the year!



USS Slater



Professor Michelle Brown brought our College Experience students to visit the USS Slater where they were led through an interactive experience of how soldiers lived on the ship while fighting for our freedom overseas during World War II. It was a beautiful day for such a trip to the past. They had the time of their lives climbing ladders and testing out the unloaded cannons.

The USS Slater is classified as a Cannon-class destroyer escort that served in the United States Navy during World War II and is now permanently stationed on the Hudson River in Albany. It is the only WWII-era destroyer ship currently afloat in the United States. The restored soldiers quarters have been stocked with not only the equipment found aboard every naval vessel, but also the personal items and gear of the men who once served aboard her including black-and-white photographs of the loved ones waiting back home.



Tales from T.B.I

T.B.I is an acronym for Traumatic Brain Injury. The following writing pieces were taken from the Living Resources TBI Department’s newsletter, “TBI Connection.”



New Traditions for the New Year

by Molly Oakley

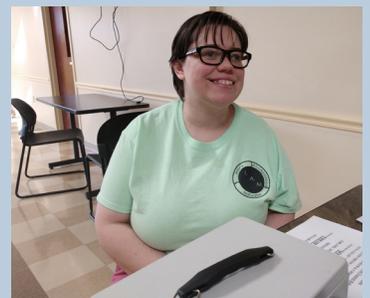
I’m in a wheelchair as a result of a brain injury. I usually spend New Years in my bed asleep. That didn’t happen this year though. This year I watched the ball drop and did a champagne toast with my boyfriend. I haven’t done this in years. I got a midnight kiss this year too. So at least 2020 is off to a good start!

My Life With a Traumatic Brain Injury

By Leah Chew

I had a brain injury at the age of 18 months old. In school, I attended a special education class. They helped me to realize that even though I am disabled, I can still learn things. While attending high school, I met my best friend Terri. All through school, it took me more time to recall and remember things.

I am now 37 years old. I am the mother of an 11 year old little boy. I currently work at Shop Rite in Slingerlands as a bagger. I’ve been employed there for seven years now. I am now living my normal life.





Faculty Spotlight: Jacqueline Calder



This month's Faculty Spotlight takes us to the world of our After School Program (ASP) and Family Supported Services (FSS) where we find manager Jacqueline Calder hard at work. A graduate from Siena college who majored in psychology, Jacqueline began working at Living Resources in the Community Habilitation program. Shortly thereafter, she started picking up additional hours with students in ASP where she really found her niche.

This program provides supervised recreational activities to students after the traditional school day is over, until parents finish their work day, typically 6:00 pm. Jacqueline describes ASP as a fun environment where students socialize with their peers, play games, participate in activities, do art projects, and relax until their parents pick them up.

Jacqueline's passion for the individuals with whom she works was rewarded with promotions to Qualified Intellectual Disabilities Professional (QIDP) and then Manager of the program. She also oversees Family Supportive Services, which includes our Adventure Program. This is similar to ASP, but takes place during "Gap Weeks" when there is no school, such as Spring Break. Students go on a variety of field trips, sometimes including destinations such as New York City and the Boston Aquarium.

Jacqueline loves seeing the students grow over their years in the program. She feels honored that she has developed a relationship with them and their families, and smiles when she talks about being invited to sports events and other activities that fall outside work hours.

**Are you an energetic person who is looking for a work environment where you can have fun, play games, and go on field trips?
Connect with Jacqueline**

SAVE THE DATE!

Here's a list of Upcoming Events you don't want to miss

Friday, January 31, Join us at **Living Resources Arts**, 70 Beekman St. for **Frost-bite Friday**, from **5:00-8:00 pm**! Brave the cold and come chill out with us!

Tuesday, March 31, 2020 We are excited to announce that **Living Resources 4th Annual Art of Independence** will take place at the **Fort Orange Club** 110 Washington Ave, Albany, from **6:00 - 8:00pm**. This event supports our mission to ensure that every individual we serve is provided the tools and services to live a quality life in a safe and nurturing environment. This year, our Co-Chairs are: Kathy Sheehan, Mayor, City of Albany and John D. Bennett, MD, President and CEO of CDPHP. Won't you come out for a great night filled with food, raffles and fun?



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